

LUDHIANA CMC BOARD USA REVIEW

VOLUME 11 #1 | WINTER 2022-2023
Ludhiana Christian Medical College Board USA, Inc.

ELECTRICAL SUBSTATION

The need for Funding Continues for this Urgent Project –
every aspect of patient care requires electricity!



View of the Substation building taken in October with partially installed panels.

As we reported last year in the **Review** the electrical substation at the hospital was decades old and had become dangerously out-of-date. Consulting with outside experts and engineers the plan to install all, state-of-the-art electrical panels was drawn up. The total cost of this project, to be completed in 3 phases, is approximately \$480,000.

The Board has donated \$240,709 toward this project and other donations of \$127,400 have also been received by CMC. It is projected that the first 2 phases of the project will be completed

by December 31. As is often the case the installation and work was delayed by the monsoon and late fall rains.

In order for the project, which includes phase 3, to be completed another \$112,000 is necessary. However, they believe that completing the first 2 phases by the end of December will provide the hospital with safe and reliable electrical supply but the project will need to be finished next year. Any donation you can provide will be useful in getting this project completed.



New electrical panels being installed.

LETTER FROM DR. ELIZABETH PAUL – NEWLY APPOINTED BOARD CHAIR



Dr. Elizabeth Paul

I consider it my privilege and honor to accept the position of the President of LCMC Board USA. I am an alumnus, class of 1964, married to late Dr. Joy G. Paul, class of 1959. My husband and I have always looked for ways to support the alma mater that we love. The Board serves as a supporting organization for CMC in Ludhiana to accomplish its mission of its healing ministry and educating health care professionals.

the Board sought funding of the much needed \$400,000 renovation of the electrical substation, which is the lifeline of the hospital. This we accomplish only by the goodwill of each and every one of its well-wishers. During this season of goodwill to all mankind, I ask that we reflect on our blessings and share with the needy and less fortunate.

On behalf of the Board, we would like to express our sincere gratitude to the outgoing President, Dr. Sewa Singh Legha, for the exemplary service he rendered to this organization and to CMC Ludhiana at large. We are grateful that he will continue to serve on the Board.

The USA Board functions by funding specific projects in CMC to enhance patient care and promote education. This year,

I wish you all the blessings of this season of joy, peace and hope. Merry Christmas and Happy New Year.

EXECUTIVE DIRECTOR'S REPORT

– by Cate Whitcomb

After a 34 month gap when the pandemic made it impossible to visit CMC I was finally able to make a trip in October. Here are some of the highlights of that trip.

I was able to attend both the Pearl Jubilee of the Christian Dental College (CDC) and address the alumni, students and staff, and I also spoke to the audience of the 2nd Eggleston Oration.



I also met with **Dr. Pinki Pargal**, Director of the Burn Unit and Professor of Plastic Surgery. We had funded the Burn Unit with emergency equipment that was desperately needed for patient care for a total of \$46,784. She said that if she had the ability to do liposuction it would be a revenue source for the hospital as many people come requesting that service.



Dr. Bhatti arranged a 4-day comprehensive tour of the hospital, particularly to see the places where the Board had donated funds. First he presented me with a copy of the commemorative book, **CMC - The Beginnings... 125 Years of Health, Education and Research.**



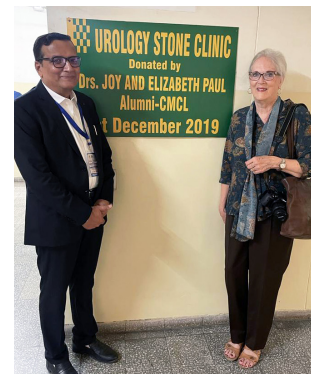
The Health Science Hall is used for board exams for the College of Medicine. The renovation and installation of air conditioning in the examination hall in the Health Science

building for which the US Board paid \$36,000 is not running through the substation yet, but has its own generator.

I met with **Dr. Varughese**, head of department of the neonatal ICU. Later I was able to see the NICU where we had supplied CMC with \$118,000 worth of equipment. Pediatricians on our Board were able to consult with the doctors in Ludhiana to arrive at the best possible configuration of needed equipment.



The tour of the hospital included a stop at the Stone clinic and the location of the equipment donated by Drs. Joy and Elizabeth Paul in 2019. The equipment for lithotripsy is used frequently, significantly benefiting patients. The OPD and the surgical area are in different locations. I am shown here with **Dr. Nitin Aggarwal**, one of the urology physicians.



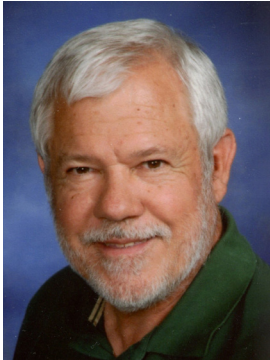
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NEW BOARD MEMBERS

Two new Board members joined the team this year.

They may be familiar names to those of you who went to Woodstock School in India as they were both students there.



REV. MAX MARBLE, who many of you know, is returning after a 3-year absence. He had previously been the Executive Director. Max Marble was born and raised in India where his parents served as missionaries for 36 years, from 1945 to 1981. He came to the United States in 1967 and received a Bachelor of Science Degree in Political Science from Central Methodist College and a Master of Divinity Degree from St. Paul School of Theology. Max has served churches and campus ministry positions in

Missouri, and for 4 years headed up the 8 state United Methodist South Central Jurisdiction Volunteers in Mission program from Dallas, Texas. For 17 years after that he served as Director of the United Methodist Office of Creative Ministries located in Columbia.

After serving the Missouri Conference of the United Methodist Church for 40 years he retired in June, 2012 in order to serve as the Executive Director of the Ludhiana Christian Medical College Board USA. Max's wife Sally passed away from cancer in 2019 and since then Max sold his home in Columbia and began living in his VW camper van, visiting India friends all over the US and Canada and volunteering with United Methodist NOMADS.



DR. RUTH YODER DYAL, daughter of India Mennonite medical missionaries, graduated with a BA from Goshen College in 1970 and earned her MD from McMaster University in Hamilton, Ontario, completing a residency in Obstetrics and Gynecology from McMaster University Medical Centre in 1988. She also completed a MA.Sc. from the University of Waterloo in Psychology. Ruth also was a counseling psychologist at the University of Waterloo from 1975-1979.

For the past twenty-eight years she practiced medicine with the Women's Care Specialists in Sarasota, Florida. She has also served as a Clinical Assistant Professor for the Florida State University, College of Medicine mentoring and lecturing on female urology and pelvic floor prolapse. Ruth chaired the department of OB/Gyn for several years as well as Chair of the OB/Gyn Quality and Peer Review Committee for 15 years. She served on the hospital Board of Directors for 5 years. She is the member of numerous professional organizations and has volunteered as physician in Pakistan, Nepal, Guatemala, Ghana and Uganda.

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SCHOLARSHIPS

Bottom Row on all images , L-R: Abhilasha Williams, *Vice Principal CMC*, William Bhatti, *Director CMC*, Cate Whitcomb, *Executive Director Ludhiana CMC Board USA*, Ashish Verghese, *Vice Principal CMC*.



2018

Top row L-R: **STUDENTS** Navish Singhania (Salvation Army), Jinson G. Sunny (Marthoma Church), Sharon Marina Sajan (Marthoma Church), Christina Titus Runner (Methodist Church), Aditya Raj Kumar (Mennonite Medical Board)



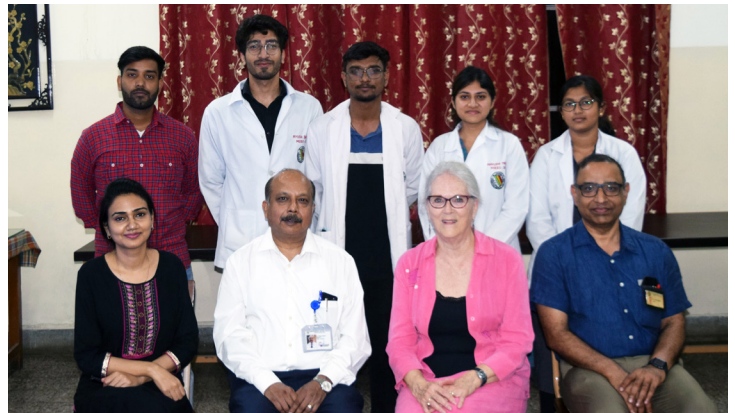
2019

Top row L-R: **STUDENTS** Samuel Livingston (Emmanuel Hospital Assoc), Joanna Mathew (Marthoma Church), Ahsas Mathew (Emmanuel Hospital Assoc), Lavish Masih (Church of North India), Akanksha Kumar (Church of North India), Achshah Raj C (Emmanuel Hospital Assoc), Vaihav Bhatti (Church of North India).



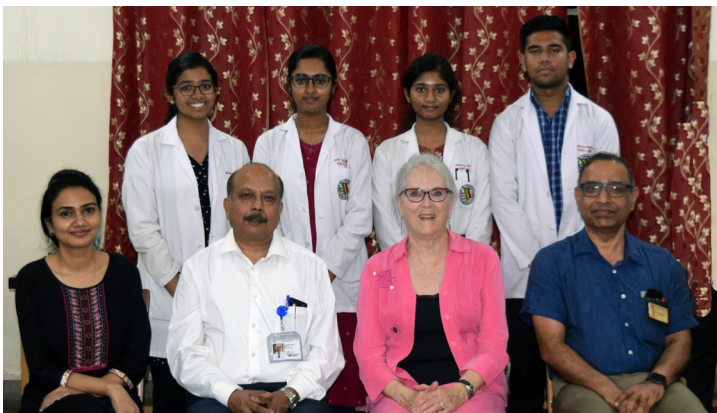
2020 A

Top row L-R: **STUDENTS** Dhanya Sarah Thomas (Emmanuel Hospital Assoc), Urmila Kumari (CMC Ludhiana), Pulkit Jain (Open), Kachiramanil Rebeca Mathew (Emmanuel Hospital Assoc), Jemie Soundarya (Church of South India Synod)



2020 B

Top row L-R: **STUDENTS** Khusal Masih (Salvation Army), Ayush Sharma (Open), Yoel Rao (Evangelical Lutheran Church - Madhya Pradesh), Aayushi Parihar (Church of North India Synod), Agna Varghese (Malankara Orthodox Syrian Church)



2021 A

Top row L-R: **STUDENTS** Neha Merin Benoj (Marthoma Church), Amy Elizabeth George (CMC Ludhiana), Shirley Grace Peters (Methodist Church of India), Vaibhav Shrey Mathews (Emmanuel Hospital Assoc)



2021 B

Top row L-R: **STUDENTS** Komal Chandra (UPR BHS), Jyoti Bharti (Emmanuel Hospital Assoc), V. Miriam Mezpah Orchid (Church of South India), Abhishek Daniel (Church of North India), Kartik Dadwal (Pubjab quota), Karen Sajayan (Emmanuel Hospital Assoc)

BENEFITS OF DONATING SCHOLARSHIPS



Panwalker Scholars

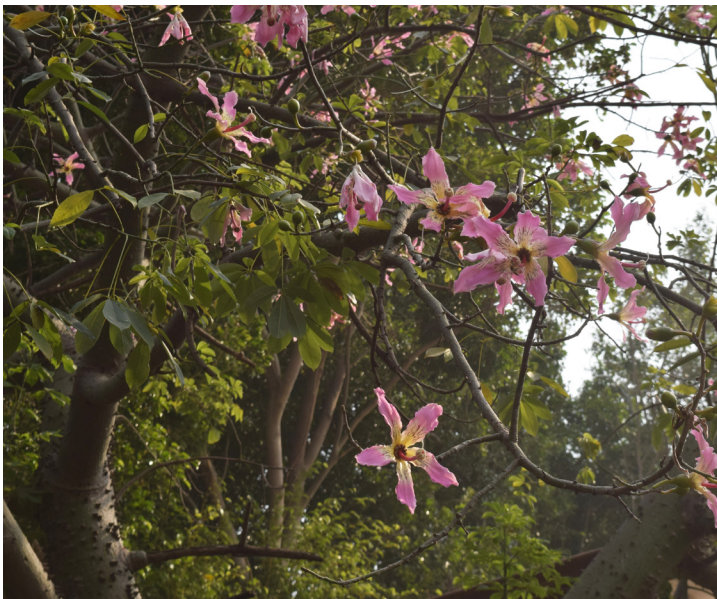
Top row L-R: **STUDENTS** Abhishek Daniel, Jyoti Bharti, Aayushi Parihar, Urmila Kumari, Agna Verghese, Shirley Grace Peters, Karen Sajayan, Aditya Raj Kumar

There have been countless generous donors over the years to scholarships for students at the medical, nursing and dental colleges. Some of those donations were given as endowments as far back as the 1950's and still generate funds today. Here is a note of thanks received this year, given by a past recipient: *I too am a recipient of these funds when my father didn't have the required amount to pay my college fees. I still haven't forgotten the timely financial scholarship that I received from your office and I thank God for it even today. So, when I write that these students value your contribution and will remember it in future, I write through experience. Believe me – We trust in our God to provide this financial assistance but then He only works through human agents like you.*

OUR MISSION

We are a non-profit organization formed to support and promote excellence in medical education and healthcare services at CMCL for the people of Punjab and India regardless of race, religion, ethnicity, gender or age.

The Board, inspired by the legacy of the founder of CMCL Dame Edith Brown, supports the institution by financing specific state-of-the-art service and research projects and scholarships for deserving students.



UPDATE ON COLLEGE OF NURSING RENOVATION

On my recent visit to CMC Ludhiana I was able to meet Dr. Usha Singh, Principal of the College of Nursing, and was given an extensive tour of the renovations the Board funded. \$37,500 was raised in 2021 with \$7,500 remaining to be disbursed to CMC.

There are still repairs required and we are awaiting an estimate of charges. The remaining tasks include painting

55 rooms, repairing/replacing 112 doors, painting 102 windows, and painting 120 cupboards. This while there is some occupancy so the work is complicated.

There is also a skills simulation lab that is being constructed and funding is needed to purchase the simulation models.

– Cate Whitcomb



The cafeteria was painted and several items needed for food preparation were purchased.



The exterior is also still in need of completion



Dr. Usha Singh showing a completed hallway.



Dr. Usha Singh showing a completed room.



Two new smart classrooms are being constructed for nursing classes.



Exterior garden of the College of Nursing.

CMC BOARD HISTORY

What follows is written by Dr. Barbo who reviewed some past of the history of Board for the newer members.

It was in the mid-80's that all ex-pats left Ludhiana CMC except for Dr. Cowan of Scotland. CMC became an indigenous institution. The USA Board at that time was in New York with Dr. Charles Reynolds as Executive Director and Maud as assistant. The Board continued to be active in supporting CMC by sending shipping containers and money. Dr. Reynolds had obtained grants from ASHA for buildings at Ludhiana for \$25 million.

In 1995, Rev. Roberta Jones became Executive Director. In the summer of 1996, the Board office moved to Harrisburg, PA, to reduce costs. In 2003, a move of the Board office to Colorado Springs, CO was made to share facilities with another organization as a means of cost cutting. This sharing of facility was unsatisfactory and in 2004, the Board was moved to a home office of Rev. Jones saving considerable funds. Since most of the work can be done by Internet now, it does not seem to matter where the office is located.

In 2007, Rev. Jones retired and a new Executive Director was appointed; he failed to represent Ludhiana CMC, almost no funds were raised, and adequate records were not

kept. That Director unexpectedly resigned and Rev. Jones graciously took up the Executive Director's position again on a half-time basis from her Florida base. Rev. Jones is owed a debt of gratitude for rescuing the Board. She served in the "interim" basis for 4 years.

In 2012 the Rev. Max Marble, who had joined the Board as a member, was appointed as the Executive Director and the office was moved to his home in Columbia, Missouri. Max and his wife Sally, who also served as Board secretary, made numerous trips to Ludhiana, sometimes taking mission groups. Max retired in 2018 owing to Sally's terminal cancer diagnosis. She passed away in June of 2019.

Dr. Cate Whitcomb took over the post of Executive Director in October 2019 transferring all the records from Rev. Marble's home in Missouri to Evanston, Illinois. The Board now consists of 14 members, a combination of CMC alumni, ordained individuals and others physicians with close ties to India. The Board has not met in person since 2019 but has held 3 annual meetings on the Zoom platform. The investment portfolio of the Board was transferred to a new investment management group, Mangham Associates in Charlottesville, VA in March of 2022.

THE MANY WAYS TO GIVE



- **BY CHECK** payable directly to the Ludhiana CMC Board USA, and mail it to PO Box 6275, Evanston, IL 60204.
- **ONLINE** at the United Methodist Global Ministries web page for Ludhiana, umcmmission.org/advance-project/12429b and click on **Donate Now**. The Advance number for Ludhiana is 12429B.
- **PAYPAL** or **CREDIT CARD** at Friends of Ludhiana website at www.folus.org and click on Donate. *(Please note: PayPal is convenient, but it retains 2.2% of you donation for their fee.)*

Be sure to check with your employer to see if they match charitable donations - it's a way to increase your donation!

YOU CAN ALSO MAKE A LASTING CONTRIBUTION IN THE WAYS LISTED BELOW.

- **RECURRING GIFT** set up through your investment advisor or bank
- **PLANNED GIFT** through your will, cash, securities, property, insurance policies, etc
- **ENDOWMENT** of a minimum of \$50,000 that will provide funding through the years for a project you select or in support of a specific program
- **CONTRIBUTION** toward the Board's endowment fund goals

Whatever you can give will be gratefully accepted and you will have the satisfaction of knowing you have supported a cause which benefits thousands.

The Board is a 501 (c) 3 public charity and your gifts are tax deductible for the purposes of U.S. Income Tax.

OTHER VIEWS AND NEWS FROM THE LUDHIANA CMC



The newly dedicated and completed Vardhman-CMC Rehabilitation Center in the ground floor of the 125 Building. The Out Patient Department (OPD) is open 9 AM to 5 PM Monday, Tuesday and Thursday. The head of the department is Dr. Loganathan.



The chapel where morning devotions are held each day is badly in need of ceiling and roof repair. A single donor or group of donors could help with this project.



The Board, with donations from Rev. Paul Simon, Rev. Max Marble and Dr. Dharam Pal Jain, supported the construction of the new Comprehensive Cancer Care and Research Centre. It was dedicated with a two-day conference in April which was live-streamed allowing those of us in the US to hear and see the event.



Now used as a general surgery ward, this ward was equipped in 2021 for COVID patients with donations from the Ludhiana Police Public Foundation which is an NGO working for betterment of society.



This picture is of Director Dr. Anupam Philip (left) and his wife Dr. Rachel Philip (right), who are the physician team at the CMC mission hospital in Bilga, with Dr. William Bhatti and Cate Whitcomb, Executive Director of the US Board, visiting the hospital in October.



The new building, only partially completed, holds the new physical therapy rehabilitation center, the Director's office and conference rooms as well as simulation learning labs. The building is unnamed but may be called the 125 Building to commemorate the number of years the hospital and college have been in Ludhiana. It is opposite the Heritage Center and along side the Patient Sarai.